From the Principal
From the Junior School
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Tuckshop News
PE News
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Community News

COMING EVENTS
20—24 Aug
—Book Fair and Book Week
20—24 Aug
—Kindness week
23 Aug
—Grandparents Day
30 & 31 Aug
—Father’s Day Stall
7 Sept
—Premier’s Reading Challenge finishes

Key to Success for this week: Persistence

FROM THE PRINCIPAL —
MRS SHARON MCMORROW

A Big Thank You to Our P&C and Volunteers
Last Friday night was the P & C Junior and Senior Disco. Unfortunately I was stricken with this terrible flu and was unable to attend school or the disco on Friday but have had some great feedback from our staff and students.

A great deal of work goes on behind the scenes to ensure that such an event runs smoothly. For the past few weeks Kim Parnell and Susan Blyth have volunteered their time spending most days at school counting money, processing orders and organising staff and parents for the disco.

I would like to take the time to personally thank and acknowledge the tireless work of both of these ladies who have worked so hard to ensure this P & C event was a success.

I would like to thank our Deputy Principal’s, Teachers and Teacher Aides who gave up their time on a Friday night to return to school to supervise the disco.

I am very proud to be a part of this fantastic school community.

What a Fantastic Fortnight for our Academic Talent Programs.
This year across the school we have a variety of programs operating to extend, challenge and support our Academically Talented students.

Selected students in years 5 and 6 have been working online with Mrs Harrington in a Booster Program supported through the School of Distance Ed. These students work in the computer lab in the library on a Monday and Tuesday on an ecotourism project or a creative writing project.

Last week our “Aspiring Authors” extension group who have been working with Ms Ashcroft to write and publish a short story attended a special session with a visiting author Brian Falkner. The students shared their drafts of their stories with him and he was very impressed with their skills and abilities. He provided our aspiring authors with feedback and suggestions that they will incorporate into their writing prior to publishing.

Each week we have team of mathematicians who form our Maths Olympiads. They work with Mrs Harrington to further develop their mathematical problem solving skills. This term they have also been working with a teacher from Urangan High to further extend their skills into more complex and challenging problems.

On Wednesday our Maths Olympiad Teams will participate in the Annual Maths Team Challenge which is conducted here at Sandy Strait.

Teams from both Private and State schools from across the district will travel to our school to go head to head with other teams to solve mathematical problems. This event is always exciting.
near to near win other teams to solve manemasci problems. tnis event is always very well supported and a highlight of the school year. Our teams have been working extremely hard in preparation for this event and there is fierce rivalry between all schools to claim that top position.

Good luck to all of our students.

Visual Arts Program
Last Friday our hall was decorated with the beautiful artwork of our Prep to Year 3 students as we shared and celebrated the outcomes of a 6 week Visual Arts program focussing on the elements of line, shape, colour and texture.

The work these children produced was breathtaking and they were all so very proud of their achievements. I was lucky enough to be viewing the displays when another year 3 class was in the hall and they all took great pleasure in showing me their work samples and explaining the process they went through to complete their various art techniques and projects.

I would like to thank Mrs Nicole Hohn (one of our very clever parents) for all of her input, guidance and direction with this program. Mrs Hohn who is an artist herself worked with our teachers to assist them in planning and teaching the program. Mrs Hohn has also been working with our year 4/5 teachers as they embarked on their 6 week visual arts program last Friday.

A big thank you must also go to Mrs Forbes who has been working with all of our teams in planning and implementing this fantastic program.

I look forward to sharing the outcomes of the year 4/5 art showcase with our school community in the coming weeks.

Leap into Pre-Prep Program Session 1 Gets Underway
At Sandy Strait we believe it is important to provide our students with the best possible start to their first year of schooling.

This year we have introduced a Pre-Prep Program to assist our children and parents to best prepare for the curriculum and learning expectations of the upcoming Prep Year.

Today children and parents attended a session focussed on Oral Language Development. Our teachers and staff worked with our future Prep Students on games and activities to enhance Oral Language which is a very important precursor to successful reading development.

Our parents were provided with a take home pack of games and activities to continue working on over the coming weeks until they return for another session.

Involvement and participation in the Pre-Prep Program allows children to become familiar with the Prep environment at Sandy Strait, to develop friendships with other children and to meet our friendly staff.

As children and parents visit our school on a number of occasions in the lead up to the new school year we aim to create a sense of belonging and excitement about commencing the first year of formalised schooling.

Further Pre-Prep Sessions are planned around the following topics

- Early Number Concepts – Tuesday 18th September 9.30-10.30am
- Developing Reading Activities – Tuesday 16th October 9.30-10.30am
- Sounds to Letters- Tuesday 13th November 9.30-10.30am

To secure your position in our Pre-Prep Program and your placement at Sandy Strait you must return your completed enrolment package including a copy of your child’s birth certificate (this is a condition of enrolment at all schools in Qld).

If you do not have a copy of your child’s birth certificate you will need to order one before we can accept or confirm your child’s placement (an application form for the Registry of Births, Deaths and Marriages in Queensland has been included in your Prep Enrolment Pack Folder.)

Please contact our school office to collect an enrolment pack today.

School Opinion Survey
It is that time of the year when schools across Queensland gather feedback from students, staff and parents through the school opinion survey process.

Forty (40) families are randomly selected following specified EQ directions to participate in the 2012 School Opinion Survey. These surveys were distributed to families last Monday. This random selection of families are strongly encouraged to complete the questionnaire as representatives of our entire school community and were due for return to the school office by Monday 20th August in the sealed envelope provided.

Selected families also had the option of completing their survey online. The questionnaires are then analysed by staff in Central Office, and the school will receive feedback later in the year. The school staff and sixty (60) children from each of Years 5 and 7 cohorts will complete their surveys online. Key survey items are reported to the community in the School Annual Report each year.
Thank you to all the parents who attended our Visual Arts program last Thursday. Students and teachers had obviously worked very hard to provide us with such excellent pieces of work showing students' knowledge and skills in expressing the qualities of line, colour, texture and shape in their own compositions. Nicole Hohn spent some time judging the exhibition and selected the following students compositions as award winners. Congratulations to the following students.

**Prep Texture**
- Chloe
- Bryce
- Joshua

**Year 2 Texture**
- Siobhan 2B
- Dylan 2R
- Teresa 2H

**Year 3 Texture**
- Renee 3N
- Hunter 3T

**Prep Colour**
- Kayley Prep M
- Emma Prep M
- Isla Prep M
- Rory Prep M

**Year 1 Colour**
- Zoey
- Kaysha

**Year 2 Colour**
- Evan 2B
- Andie 2B
- Talia 2Q
- Kodi 2H

**Year 3 Colour**
- Destiny
- Shayden
- Brayden 3N
- Sophie 3N
- Cameron 3N

**Prep Line**
- Sean Prep R
- Quenton Prep D
- Keona Prep M
- Portia-May Prep T

**Year 1 Line**
- Bradley
- Savannah
- Hunter
- Kelly 1P
- Jorja 1P

**Year 2 Line**
- Kai
- Talia

**Year 3 Line**
- Hunter
- Merrin
- William
- Rhian 3T
- Paris 3T

**Prep Shape**
- Jessika Prep D
- Layla Prep M
- Charlee Prep R
- Romany Prep M

**Year 1 Shape**
- Zac
- Lucy 1L
- Ethan 1L

**Year 2 Shape**
- Jaycub 2B
- Ethan 2B
- Josh 2Q
- Carissa 2R
Year 3 Shape
Jordan 3N
Seattle 3L
Renese 3T
Jett

Activities this week
Year one students are visiting the high school as a guest at a children’s buffet party hosted by the senior hospitality students. The high school students will provide food and party games as part of their assessment and our students will provide them with all the merriment. A letter went home to parents last week so please check for this if you haven’t already been informed of this event.

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NEWS FROM THE SENIOR SCHOOL - MR BRUCE JACKSON

School Disco
A big thank you to our hard work P&C team and many of our teachers and teacher aides for giving up their time on Friday to provide supervision for our students to enjoy their school disco. School events like “Discos” can be quite stressful, particularly when we have a large gathering of excitable children housed in the relatively small confines of our hall. However, at this disco most of our children were extremely well behaved, intent on enjoying themselves but not at the expense of others and the large number of staff and parent helpers also helped make the night safe and enjoyable.

Kindness Week Activities
This week Chappy Trina has coordinated a number of activities that encourage us to take the time to think of others. We are having or own ‘Kindness Week’ with the theme ‘Kind Hearts Create Caring Communities’.

In class, students will participate in a brief lesson that reinforces the value in being kind to each other. On a recent assembly our students viewed a brief video clip that showed kindness in action. I am sure many of us found the clip inspirational. The clip can be viewed on You tube: Just search for: Kindness Boomerang one day; I am sure you will enjoy it as well.

Our very own future Olympian
A huge congratulations to Jessie Staples, who as an integral member of the QLD primary school hockey team took out a silver medal in the recent ‘National Championships’. The team had ‘gold’ in their back pocket with 10 seconds to go before a sneaky goal from WA saw QLD claim the silver medal. A fantastic effort by the team and all of us at Sandy Strait are proud of Jessie’s massive contribution.

Year 6 & 7 Interschool Sport
This Friday our Year 6 & 7 students commence Term 3 Interschool sport. We wish all our teams the best and remind them to be the best ambassadors they can be for themselves and our school community. We hope that the recent London Olympics may provide inspiration for our students to do their very best.

Year 4 & 5 Art Electives
This Friday also will see our Year 4 & 5 students participate in their Visual Arts immersion program. The school has had the privilege to receive fantastic support from Mrs Nicole Hohn, a very talented artist in her own right and a kind hearted parent who has given up large amounts of her time to provide direction to our program. Our students, during the next few weeks, will focus on the important elements of line, colour, shape and texture.

Maths Team Challenge
A big thank you to our Numeracy coach Mrs Karlee Franz who has worked tirelessly to coordinate the Fraser Coast Maths Team Challenge to be held in our hall this Wednesday. Year 6 & 7 students from schools all over the area will gather to participate in the Maths Team Challenge — A Mathematicians version of the Olympics. We wish our 3 teams coached by the impressive Mrs Harrington all the very best.

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TUCKSHOP NEWS

Items no longer available on tuckshop menu:
The below items are deleted lines from suppliers – please adjust your tuckshop menu.
- Smiths Thins – sour cream/onion
- Munch Mates
- ‘Vanilla Malt’ Breaka Milk
- Biscuits (2 in pkt)

New items available on tuckshop menu:
- Hello Panda biscuit pkt – 80cents
- ‘Banana’ Breaka Milk - $2.20
- JJs (chicken or Pizza) - $1.20
- Chicken Burger - $5.00 (Crumbed chicken patty, lettuce, tomato, carrot, beetroot, cheese, with Mayo)
- Chicken, Cheese Burger - $4.00 (Crumbed chicken patty, Cheese & Mayo)

Specials this fortnight only:
King size sausage roll - $3.00
Toasted Ham, Cheese sandwich - $2.20
Toasted Chicken, Cheese, Tomato sandwich - $3.50
Ham Salad Box - $4.00 (Ham, Lettuce, Tomato, Carrot, Cucumber, Beetroot, Cheese)

Volunteer roster:
Wed 22nd Aug – Rhonda….1.00 – 1.45pm
Thurs 23rd Aug – Nic Hohn…. 12.45 – 1.45pm
Fri 24th Aug – Nicole….12.30 – 1.45pm
Wed 29th Aug – Fiona …. 1.00 – 1.45pm
Thurs 30th Aug – Kerri…..12.45 – 1.45pm
Fri 31st Aug – Jacqui…. 12.00 – 2.00pm

Volunteers needed:
If we are able to entice ‘new parent helpers’ in the mornings from 9.00 to 10.30am then we can look at supplying hot food items for our students morning tea break.

If your able to help out once a fortnight during the mornings, please contact Lee Smith via Sandy Strait State School phone number.

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PE NEWS

Yr 6 & 7 Interschool Sport
Yr 6 & 7 Interschool Sport will begin this week. Students will bring home an information letter and consent/medical consent form to be returned.

This competition will run for 4 weeks. **Competition dates are as follows:**

Fridays - Week 7, 8, 9 and 10
Details are as follows:
Venue, Transport and Coaches

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<tr>
<th>SPORT</th>
<th>VENUE</th>
<th>TRANSPORT</th>
<th>Coach</th>
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<tbody>
<tr>
<td>Girls AFL</td>
<td>Wide Bay TAFE</td>
<td>Bus</td>
<td>Mr Pitts</td>
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<tr>
<td>Newcombe</td>
<td>Pialba SS</td>
<td>Bus</td>
<td>Mrs Landon</td>
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<tr>
<td>Oz Tag</td>
<td>Walkers Rd</td>
<td>Bus</td>
<td>Mrs Mason</td>
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<tr>
<td>MixedvBasketball</td>
<td>Torquay SS</td>
<td>Bus</td>
<td>Mrs Elliot</td>
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Interschool Sport Cost
Due to the distances and time restrictions it will be necessary to transport students to and from venues by bus.

All students will need to pay a levy of $12.00 (4wks x $3.00).

What to Wear/Bring on Interschool Sport Days
- School Uniform
- Suitable footwear to wear to, at and from the venue
- Broad brimmed hat and sunscreen
- Water bottle
- Students are welcome to bring their own gear

HBZ Athletics Reps
Well done to Anthony Simmons (Shot Put), Byran Love (800m), Zake Summers (AWD), Josh Todd (AWD) and Daniel Johnstone (Shot Put and Discus) who have been invited to represent HBZ at the Wide Bay Athletics Trials in Bundaberg on Wednesday 29 August.

Health Units
All grade levels have begun their “Go for 2 &5” Health Units that focus on the importance of a healthy balanced diet. This will be the focus in PE lessons for the next couple of weeks.

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Disco:
Well the disco is over, and what a great night had by all! I would like to make a special mention to our DJ Luke from Pimpin Beats, even with Microphone problems, the music was still pumping which was what the night was all about. I would highly recommend his services if anybody is needing a DJ. A big thanks to Helen and Bruce for stepping up as Sharon was away sick. Bruce had a really good time! Thanks to Craig Lewis our policeman for keeping an eye on our kids it was greatly appreciated. Wow, so many Teacher helpers, great to see, thank you all for your support. To our Parent helpers, we couldn't have done it without you........and to Susan Blythe, thanks for all the days and nights helping me organise this Disco, this night would not have happened without you. We do this as Volunteers, and for our children and Community with love.

**Disco lost property:** From the Junior disco we have a pair of black leggings. We also have a bracelet that was handed in. If you have lost these items let the office know.
Grandparents Day: Don’t forget to invite your grandparents on Thursday the 23rd of August. The day starts at 10.30am with morning tea provided by the P&C in the Hall. Many activities are to follow, this is a great day to spend with your grandchildren. There is a box in the office for interested grandparents to leave their expressions of interest to attend. If you could let us know ASAP this will help us with catering. We hope to see you there.

Fathers Day Stall: The P & C will be having a Fathers Day stall on the 30th and 31st of August. In this newsletter is the class times to visit our stall, please pay particular attention to the time that your child is attending. Prices will range from $2.00 to under $15.00. Please ensure your child has money on their day to buy that special gift for Dad. We will require a couple of volunteers to assist on the two days, if you could Volunteer your time ring Kim on: 4125 1630

New Secretary: The P&C would like to welcome our new Secretary Tash Cornack. Tracey has stepped down from her role, but is still very much a part of the P&C. Welcome Tash!

Second hand Uniforms: The P&C is still a long way from our goal of opening a second hand Uniform shop. We simply do not have enough donations of good quality school uniforms at this point in time. So please keep us in mind when your kids outgrow their uniforms. Lets try to make the Uniform shop a reality, this would benefit the whole community. If you would like to donate, feel free to drop of Uniforms at the school office or contact kim on: 4125 1630.

Christmas Raffle: We are considering running a Raffle at Christmas. If any parent/caregiver can assist in any way by donating a prize/voucher, or service this would be greatly appreciated. Lets see what results we can get from within our school community. If you have something that you would like to donate ring Kim on the number above, Thankyou so much to Dare Hair Studio for donating a pamper pack, and being the first on-board. Cheers.

Wishing Well: The P&C are wanting to increase the Parent/ Caregivers participation, and are interested to hear from you, our School Community about what you would like to see us spend some of our hard earned fundraising money on, in your school or in the grounds for 2013. You will see a white Wishing Well in the Admin foyer. The well will have some forms attached for you to fill in (don’t forget to include your Name and Contact details). The P&C Volunteers will spend some time collating them. Each request will be read.

We may pick one or two that may be feasible for next year, we will contact those concerned. Please note: Unfortunately we are unable to reply to each request, we are only a small band of Volunteers.

Those great ideas that aren’t picked will be held onto for possible future use. So keep your eyes open for the next newsletter.

Book Packs: Thank you for your positive response to our survey regarding School Book Packs. We will be finalising this survey shortly and will keep you updated on the results.

A Plea from the P&C: As a parent and a Volunteer I can not stress enough, especially after the Disco how important it is for parents and caregivers to follow the correct procedure for paying for P&C/ School events. Please do not send money in with no form or child’s details, even if you post the form the next day we have NO idea who the money belongs to. We also have no one to return it to. Unfortunately this happens a lot. When sending money to the school, please keep the following things in mind: Double check that each envelope has the correct child’s name, and class clearly marked, and that you have written on the envelope what the payment is for.

Please enclose the correct money in each envelope. We as the P&C find it extremely difficult to handle lots of change requests so would like to keep these to a minimum.

If you have multiple children please fill in a separate form and envelope for each child. This makes it easier for us to split them into classes.

Finally please remember that we are an extremely small band of Volunteers, and giving our time freely. If procedures are not followed mistakes can and will happen. We thankyou for your assistance.

Fundraising Help: We need your help in assisting us with our fundraising efforts. If you would like to take on the role of Fundraising Co-ordinator, or help us with our many projects call Kim on: 4125 1630. This is a great way to meet new people, I hope to hear from you.

P&C Meeting: The next P&C meeting is on the 28th of August at 3.00pm in the Admin building. We hope to see you all there.

Kim Pamell
P&C President

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<tr>
<th>Father’s Day Stall—in the Cottage</th>
<th>Time</th>
<th>Thursday 30th</th>
<th>Friday 31st</th>
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<td>8:45 - 9:00</td>
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<td>9:00 - 9:15</td>
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<td>9:30 - 9:45</td>
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<td>4F/RA</td>
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SCHOOL BANKING

It is so good to see so many students taking advantage of our current school banking competition. The Commonwealth Bank is holding a competition for all new and current school bankers at Sandy Strait.

- For all new students who open a Youth Savers Account with the Commonwealth Bank this term their names will go in the draw for a great prize pack, which will be drawn on the last Assembly of this term.

- For all current school bankers, every time you make a deposit through school banking you will go into the draw for another prize pack. The more times you bank the more chances you have of winning.

Due to unforeseen circumstances Suzanne from the Commonwealth Bank has had to change the day she will be visiting us at the cottage. She will be coming to the cottage this Friday at 8 am while the School Banking is being processed. This is a great opportunity for everyone to come and talk to her and ask any questions regarding school banking. She is also able to open new accounts for anyone who is interested.

Every time your child makes a deposit at school, whether it’s 20 cents or $20, they receive a cool Dollarmites token. These tokens can then be redeemed for exclusive Dollarmites reward items. The “Pen Pod” is now available, however the Wallet, Lunch Box, Watch and Handball are all now unavailable.

Saving Tips -

- Encourage your child to visualise their savings goal. Ask them to draw a picture or write a story about what they are saving for to get them excited about saving each week.

- Remember that children need to understand where money comes from. When you withdraw money from an ATM, explain to your child where the money is coming from and how you earned it. It’s important for children to know there isn’t a limitless supply!

- Talk to your child about the difference between needs and wants. This will help prepare them for making sensible spending decisions in the future.

If your child is not involved with school banking and you would like them to start, here are two easy ways:

- If you’re an existing Commonwealth Bank customer, log into your NetBank, go to the ‘Offers and Apply’ tab, the click ‘Accounts’ and ‘Youthsaver and School Banking’. From there you’ll just need to select your child’s School, and have their birth certificate on hand for ID purposes.

- Visit a Commonwealth Bank branch with identification for you (drivers licence) and your child (birth certificate). It takes 5 minutes and your child can start banking the following day.
Don’t forget deposit books need to be handed into the office by Thursday. If you have any questions about school banking please send us an email at ssssbanking@yahoo.com.au

Thank you from your School Banking Co-Ordinators Sarah, Rebecca and Tara.

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LIBRARY NEWS - MRS MELANIE MILLS, LIBRARIAN

It’s Book Week, and what a busy week. Classes are also visiting the library to peruse the short-listed titles, and see if they agree with the judges’ decision, and children have the opportunity to have some fun at lunchtimes with activities related to these books. The theme for Book Week this year is ‘Champions Read’.

All classes are invited to preview our Book Fair. Last sales are at lunch time this Friday, August 24. Parents are more than welcome to come and browse during the day, and we will be open until 3.30 each afternoon including Thursday.

Thursday is our big day… over 100 grandparents will enjoy morning tea whilst being entertained by our choirs, and a Prep-Year 3 costume parade as our school community is encouraged to come dressed as your favourite book character! The whole school will be involved in a Rug Reading session, lead by our year 7 students. The Grandparents’ Day festivities will conclude with our visitors being invited to browse our Book Fair with their grandchildren should they wish. (Yes, contingencies are in place for the forecast rain!)

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DENTAL VAN NEWS

We have now issued Year 2 with Dental Medical forms. If you wish your child to be seen please return these forms by 30 August.

Thank you, Staff at Dental Van

If anyone could provide some bougainvillea flower sprays that are required by Thursday, please send them into the office. Thank you.

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WOOLWORTHS EARN & LEARN

This promotion has now closed. If you have any sticker cards at home please send them in with your child to put into the green box in the office. We are currently in the process of collated the sticker cards that have come in and will be sending them off by Friday. Thank you for your support with this promotion.

CASUAL POSITION VACANT – SCHOOL CROSSING SUPERVISOR

Please pick up your application package from the school office. A casual position exists for a School Crossing Supervisor at Sandy Strait School.

The School Crossing Supervisor may be required to work five days per week in all weather conditions. The hours of work for School Crossing Supervisors are normally 1.5 hours a day and usually comprise of one hour in the morning and ½ hour in the afternoon. Rate of pay is $24.51 per hour.

The successful applicant is dependent on:

- The favourable outcome of a health assessment carried out by a Government Medical Officer or a duly qualified Medical Practitioner according to the guidelines in the “Notes for Medical Practitioner” on the School Crossing Supervisor Scheme – Health Assessment Form; and
- A Positive Notice Blue Card (This means you do not need to have a blue card to apply for the position)

Applicants are required to advise in writing of any charges that have been laid against them or any offence of which they have been convicted of.

Applications addressing the selection criteria as listed in the position description must be submitted in writing to the school. Details of the selection criteria and position description are contained in the application package available from the school office.

If you are successful in your application for this position, you can only commence employment with Transport and Main Roads if you hold a current Blue Card or are renewing your Blue Card and have submitted either a Blue Card Application form or Authorisation to Confirm Current Blue Card form to the Commission for Children and Young People and Child Guardian.

Address application to:

Private and Confidential
The BSM
Sandy Strait State School
Robert Street
Urangan. 4655.
Applications close at 3.00pm on 4th September 2012.
For further information please phone the BSM on 41970333

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COMMUNITY NEWS

We would like to remind all parents/caregivers who wish to enrol their students into year 8 at Urangan State High School for 2013 that we are currently accepting applications.

Information relating to your student’s enrolment can be accessed by visiting the school’s website: www.uranganshs.eq.edu.au or contacting our Enrolment Management Officer on 4197 0111.

All Student Enrolment Applications must be fully completed and a PHOTOCOPY of all relevant documentation, detailed on the Student Enrolment Application, is to be submitted to the office at Urangan State High School. Please note: ORIGINAL documentation is to be sighted at the time of application. Each Student Enrolment Application will be processed and recorded in order of receipt.

A team of researchers (the BRAVE Team) at Griffith University and the University of Queensland is investigating internet-based programs for children suffering from social anxiety. Social Anxiety is extreme shyness, or fear of speaking or performing in front of others. The BRAVE Team is seeking children aged between 8 and 12 years to take part in an internet-based treatment study.

The treatment program involves 12 online sessions for children and 8 online sessions for parents, which each session taking approximately an hour to complete. Families are charged a one-off fee of $120 to assist in covering treatment costs.

Families will also be asked to complete questionnaires and telephone interviews, but will receive a rebate of $25 in vouchers each time they complete a post-treatment assessment.

For more information contact the BRAVE Team or see Mr Jackson at school

Phone: (07) 3735 3312
Email: brave@psy.edu.au
Website: www.exp.psy.edu.au/socialanxiety

1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old
A three-session program for parents and carers
at
30 Jupiter St, Maryborough (Hall next to Family Day Care offices)
on Tuesday 4th, 11th & 18th September.
6.30pm - 8pm
(*18th start time 7pm)

Learn:
✓ To engage your child’s cooperation by positively noticing and encouraging them
✓ To set clear expectations and help them to develop frustration tolerance
✓ To help children’s brains to develop filters for behaving well
✓ To resolve family conflict quickly
✓ Some simple strategies to practice being a calm parent.

Registration Fee: $15 per family
To register for this course contact: Michelle Whitley on 4121 5511
Sonia Mozes on 0422 207 515

What people are saying...:
When asked to come across a program that preserves the dignity of the child, motivates the self-control of both the parent and the child and is actually easy to remember and use, a 1-2-3 Magic® course was a natural choice. The programs are effective and have helped families manage their child’s behavior.

Who is running it?

The presenter for this course is Michelle Whitley & Sonia Mozes from Maryborough Family Support Service. They have both completed Parentshop’s 1-2-3 Magic® program and are in the process of completing Emotion Coaching training with Michael Hawton.

For more information please contact
Sonia Mozes on 0422 207 515

- An end to the arguing and yelling!
- It saved our lives
- Simple, calm, effective.

This course is being run by a Parentshop® licensed practitioner: www.parentshop.com.au

Play YOUR MUSIC Academy

* Learn shortcuts to start playing YOUR FAVOURITE MUSIC FREE FIRST LESSON
* Instrument not necessary.
* Private or Group Tuition
* Our Studio or Your Home * Beginners welcomed
* Ages 5-95 * Patient Teachers
Phone: 4194 5265 <> or 0407 586 761

We want YOU!!
Its sign on time again at Hervey Bay Oztag.

Oztag is the latest craze in sport that is taking over Australia!
It's just like rugby league but without the tackling so its safe & fun for men, women & children of all ages, sizes & skill levels.

Enjoy lots of evasive running, kicking, tagging and try scoring!

Come & see what all the fuss is about.
Over 140,000 Australians can't be wrong!

Senior Sign on's : Tuesday 4th September
6pm – 7:30pm

Junior Sign on's: Thursday 30th August & Thursday 6 September
4pm – 5:30pm

Location: Seagulls Stadium, Ron Stafford Park
Bideford St, Torquay
www.herveybayoztag.com
GET TAGGED.....YOU'LL LOVE IT !!!